



My 24/7 Counselling and Support Helpline

We know it can be difficult to make time for your personal issues, which is why we've made it easy to seek support from the comfort of your own home, or on the go. The 24/7 helpline offers practical information and emotional support for issues relating to family, bereavement, trauma, relationships, stress, personal legal information, tax information, medical information, money management, alcohol/drugs and debt support.

The helpline is available to you, your partner and dependants over the age of 16 (if covered).

Just call 0800 028 1963 and quote your company name.

My 24/7 Counselling and Support Helpline is provided on behalf of Health Shield by Health Assured.

Discover more at healthshield.co.uk

Health Shield Friendly Society Limited is authorised by the Prudential Regulation Authority and regulated by the Financial Conduct Authority and the Prudential Regulation Authority. To ensure we're doing a good job, we may monitor or record calls.

This is a Financial Promotion.