

Accepted accreditations and qualifications

Physiotherapy, Chiropractic, Osteopathy, Acupuncture and Homoeopathy Benefit

Physiotherapy	HCPC MCSP SRP	Health and Care Professions Council Members of the Chartered Society of Physiotherapists State Registered Physiotherapists
Chiropractic	CAI GCC SCA	Chiropractic Association of Ireland General Chiropractic Council Scottish Chiropractic Association
Osteopathy	CTA/CSTA GOsC MAO/FAO RCST	Craniosacral Therapy Association General Osteopathic Council Member/Fellow of the Association of Osteomyologists Registered Craniosacral Therapist
Acupuncture	AACP ATCM/TCM BAcC BAWMA BMAS FTCMP	Acupuncture Association of Chartered Physiotherapists Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine British Acupuncture Council British Academy of Western Medical Acupuncture British Medical Acupuncture Society Federation of Traditional Chinese Medicine Practitioners
Homoeopathy	BHA FHom HMA LCPH MARH RSHom	British Homoeopathic Association Faculty of Homoeopathy Homoeopathic Medical Association Licentiate of the College of Practical Homeopathy Member of the Alliance of Registered Homoeopaths Licensed or Registered Member of the Society of Homoeopaths

Chiropody Benefit

	AChPod BChA FCPod FHP HCPC IOCP/MInstChP LVChC SCP SRCh	Association of Chiropodists and Podiatrists British Chiropody and Podiatry Association Fellow of the College of Podiatrists Foot Health Practitioner Health and Care Professions Council Institute of Chiropodists and Podiatrists Victoria Chiropody Clinic Society of Chiropodists and Podiatrists State Registered Chiropodist
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Specialist Consultation, ECG, X-Ray, Pathology Fees, MRI Scans and Family Planning Benefit

	MRCS/FRCS MRCP/FRCP GMC	Member or Fellow of the Royal College of Surgeons Member or Fellow of the Royal College of Physicians General Medical Council (as Specialist)
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Health and Wellbeing Benefit

Acupressure	ATCM/TCM BAcC BCMA BMAS BRCP IIHHT MAcSAp VTCT	Association of Traditional Chinese Medicine and Acupuncture UK/ Traditional Chinese Medicine British Acupuncture Council British Complementary Medicine Association British Medical Acupuncture Society British Register of Complementary Practitioner International Institute of Health Holistic Therapists Acupressure Member of the Acupuncture Society Vocational Training Charitable Trust
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Health and Wellbeing Benefit *continued*

Allergy Testing and Food Intolerance Testing	BANT BCMA BInstAT CNHC NNA	British Association for Applied Nutrition and Nutritional Therapy British Complementary Medicine Association British Institute for Allergy and Environmental Therapy Complementary and Natural Healthcare Council Naturopathic Nutrition Association
Aromatherapy Massage	CHP CNHC CThA FHT IIHHT IFA IFPA NVQ/SVQ VTCT	Complementary Health Professionals Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Federation of Aromatherapists International Federation of Professional Aromatherapists National/Scottish Vocational Qualification Vocational Training Charitable Trust
Bowen/Alexander Technique	BowTech BTAA BTPA/BTER CNHC ECBS IIHHT NVQ/SVQ STAT VTCT	The Bowen Association UK Bowen Therapy Academy of Australia Bowen Therapy Professional Association Complementary and Natural Healthcare Council European College of Bowen Studies International Institute of Health Holistic Therapists National/Scottish Vocational Qualification Society of Teachers of the Alexander Technique Vocational Training Charitable Trust
Chair Massage	CNHC CThA FHT IIHHT ITEC NVQ/SVQ VTCT	Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists International Institute of Health Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Colonic Hydrotherapy	ARCH GPACT I-ACT IPCH RICTAT	Association and Register of Colonic Hydrotherapists Global Professional Association for Colon Therapy International Association of Colon Hydrotherapy Institute of Professional Colon Hydrotherapists Register of Integrative Colon Therapists and Trainers
Counselling including Cognitive Behavioural Therapy	BABCP BACP BPS UKCP	British Association for Behavioural and Cognitive Psychotherapies British Association of Counsellors and Psychotherapists British Psychological Society UK Council for Psychotherapy
Hopi Ear Candles	IIHHT NVQ/SVQ TATH VTCT	International Institute of Health Holistic Therapists National/Scottish Vocational Qualification Thermo- Auricular Therapy Association Vocational Training Charitable Trust
Hot-stone Massage	FHT ITEC NVQ/SVQ VTCT	Federation of Holistic Therapist International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust



Health and Wellbeing Benefit *continued*

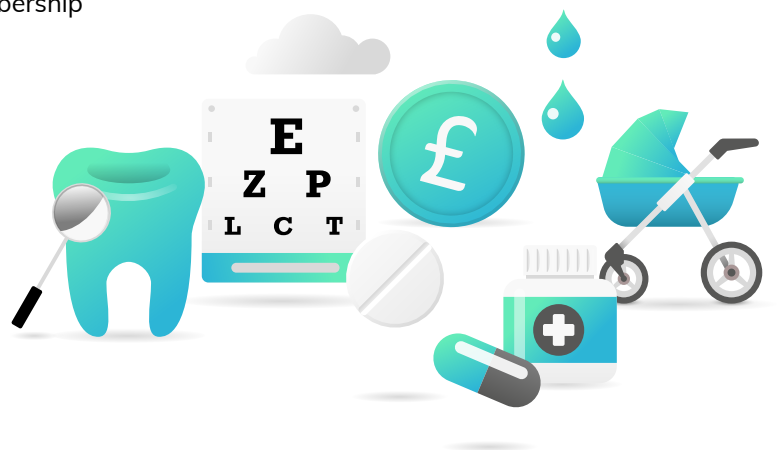
Hypnotherapy	BHA	British Hypnotherapy Association
	BSCH	British Society of Clinical Hypnosis
	BSCAH	British Society of Clinical Academic Hypnosis
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	GHR	General Hypnotherapy Register
	MHA	Member of the Hypnotherapy Association
	NCH	National Council for Hypnotherapy
NHS	National Hypnotherapy Society	
Indian Head Massage	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	IIHHT	International Institute of Health Holistic Therapists
	ITEC	International Therapy Examination Council
	NVQ/SVQ	National/Scottish Vocational Qualification
VTCT	Vocational Training Charitable Trust	
Kinesiology	ASK	Association of Systemic Kinesiology
	KF	Kinesiology Federation
Manual Lymphatic Drainage	CNHC	Complementary and Natural Healthcare Council
	FHT	Federation of Holistic Therapists
	ITEC	International Therapy Examination Council
	MLD UK	Manual Lymphatic Drainage UK
Naturopathy	BNA	British Naturopathic Association
	CNHC	Complementary and Natural Healthcare Council
	GCRN	General Council and Register of Naturopaths
	ND	Naturopathic Doctor
	NNA	Naturopathic Nutrition Association
Nutritional Therapy including Dieticians	BANT	British Association for Applied Nutrition and Nutritional Therapy
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	HCPC	Health and Care Professions Council
	NNA	Naturopathic Nutrition Association
Reflexology	AoR	Association of Reflexologists
	BRA	British Reflexology Association
	CAR	Clinical Association of Reflexologists
	CNHC	Complementary and Natural Healthcare Council
	CThA	Complementary Therapists Association
	FHT	Federation of Holistic Therapists
	FPR	Federation of Precision Reflexologists
	IFR	International Federation of Reflexologists
	IIHHT	International Institute of Health Holistic Therapists
	IIR	International Institute of Reflexology
	IRI	Institute of Reflexologist in Ireland
	MAR	Member of the Association of Reflexologists
	NVQ/SVQ	National/Scottish Vocational Qualification
VTCT	Vocational Training Charitable Trust	



Health and Wellbeing Benefit *continued*

Reiki	CNHC CThA FHT RASA RHATS RM/RMT UKRF	Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Reiki and Seichem Association Reiki Healers and Teachers Society Reiki Master/Reiki Master Teacher UK Reiki Federation
Shiatsu	CNHC IIHHT MrSS	Complementary and Natural Healthcare Council International Institute of Health Holistic Therapists Member of the Shiatsu Society
Sports/Remedial/Deep Tissue and Pre-natal Massages including Sports Therapy	BASRaT CNHC CThA FHT HND IIHHT IIST ISRM ITEC LCSP LSSM MTI NAMMT SMA SMTO SST STA STO VTCT	British Association of Sport Rehabilitators and Trainers Complementary and Natural Healthcare Council Complementary Therapists Association Federation of Holistic Therapists Higher National Diploma International Institute of Health Holistic Therapists International Institute of Sports Therapy Institute of Sport & Remedial Massage International Therapy Examination Council London and Country Society of Physiologists London School of Sports Massage Massage Training Institute National Association of Massage and Manipulative Therapists Sports Massage Association Scottish Massage Therapists Organisation Society of Sports Therapists Sports Therapy Association Sports Therapy Organisation Vocational Training Charitable Trust
Swedish Massage	FHT ITEC NVQ/SVQ VTCT	Federation of Holistic Therapists International Therapy Examination Council National/Scottish Vocational Qualification Vocational Training Charitable Trust
Fitness Benefit (£100 Prestige Members)	BASRaT REPS	British Association of Sport Rehabilitators and Trainers Register of Exercise Professionals

This list will be reviewed every year and we can only pay claims for the treatments listed above if they are in your current Membership Plan. The practitioner's qualifications, registration or membership must be relevant to the treatment that they are providing.



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